

Dear Sacramento Waldorf Community,

We are two parents from the White Rose Kindergarten asking for your support and help today. Many of our fellow SWS parents are currently on the front lines of the COVID-19 pandemic as physicians, nurses, physician assistants, surgical technicians, and more.

It's bad enough that healthcare workers face a greater risk of contracting this awful disease than the general public. What's worse is that there is a **severe shortage of personal protective equipment (PPE) at local hospitals**. This includes masks, respirators, face shields, gowns, etc. Put simply, this means that people are taking care of patients in some cases without sufficient protective gear because there isn't enough to go around.

The disturbing reality is that in the coming weeks, more and more healthcare workers will fall ill and be unable to care for patients or their own families. For every quarantined healthcare worker, we will have fewer trained professionals to care for increasing numbers of sick people in our community. To address this extremely serious situation, **UC Davis students have started a PPE campaign in the community to help protect healthcare workers. We are asking SWS families to join us in helping them.**

The campaign is being coordinated with [Shifa Community Clinic \(https://www.shifaclinic.org/\)](https://www.shifaclinic.org/), a UC Davis affiliated community clinic, and [Second Breath \(http://www.second-breath.org/\)](http://www.second-breath.org/), a socially and environmentally responsible UC Davis School of Medicine organization that takes unused medical supplies and repurposes them for use.

**They are currently requesting the following PPE supplies:**

1. **Masks (N95, surgical, or procedure)**
2. **Respirators (CAPR or powered-air purifying respirators)**
3. **Protective eyewear (safety glasses, goggles, eye shields)**
4. **Latex or nitrile gloves**
5. **Gowns (isolation or surgical gowns), coveralls, jumpsuits, painters' smocks**
6. **Shoe covers**
7. **Disinfecting wipes (Clorox or Sani-cloth wipes)**
8. **Hand sanitizer**
9. **Face shields**
10. **Flocked swabs**
11. **Handmade masks (Must be made to meet certain specifications. Please see instructions here: [Kaiser Instructions](#) or [UC Davis instructions](#))**

There are a number of ways to donate:

1. Submit your donation request through Second Breath [here](https://tinyurl.com/SacPPE): [tinyurl.com/SacPPE](https://tinyurl.com/SacPPE). They will arrange to pick up the items from your home and minimize person-to-person contact.
2. Contact either Salma Shabaik (858-220-6017) or Scott Polisky (323-854-9123) via phone or text to arrange a drop-off. Scott can safely receive donations on Bannister Rd., just up the street from SWS.

Lastly, we ask if you can help us spread the word to your respective personal and professional networks.

We can't wait to be back at Sacramento Waldorf with all of you again soon!

Warmly,

Salma Shabaik (Elias's mom) and Scott Polisky (Oli's dad)