Dear Families,

The Sacramento Waldorf School is continuing to closely monitor information about the novel coronavirus, also known as COVID-19. According to the California Department of Public Health (CDPH) and Center for Disease Control and Prevention (CDC), the immediate health risk is considered low. Sacramento Waldorf School has no confirmed cases of COVID-19 among students or faculty/staff. Current information about the coronavirus is available from the CDC and Sacramento County Public Health (CPH).

Our local health officials are not currently recommending any additional action on our part. We are keenly watching the spread of coronavirus and are working on contingency plans should recommendations change.

We have begun to take extra precautions to ensure that all classrooms and campus spaces are cleaned and disinfected. As part of this plan, we are focusing on high touch surfaces such as sinks, restrooms, drinking fountains and door handles. Processes are in place for special deep cleanings of classrooms or common spaces if necessary.

Additionally, teachers are giving fun variations of handshakes, such as elbow bumps and air shakes, to students at the door and continue to review the importance of proper and frequent handwashing.

Per our normal illness protocols, we ask that you keep your students at home if they are sick. If a student shows up at school with a fever and/or respiratory illness symptoms such as a cough and shortness of breath, we will contact families to pick up the student as soon as possible and limit exposure to other students and staff.

We encourage all students, staff, and families to follow the recommended guidelines from the CDPH to protect themselves and those around them from any virus, including respiratory viruses like COVID-19. Please review these with your family:

- Cover mouth and nose when coughing or sneezing.
- Wash hands with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching eyes, nose or mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay away from work, school or other people if you become sick with respiratory symptoms or fever and cough.

The Health and Safety Committee meets regularly to ensure we are prepared to respond as the situation evolves. We will send updates via weekly announcements.

Warm Regards,

Wendy Gittleman
On behalf of Health, Safety, and Security Committee

Wendy Gittleman
Operations Manager
(916) 860-2507

www.sacwaldorf.org

Creating a love of learning, a depth of understanding, and a strong sense of self.